



Volunteer Role Description Waltham Forest Food Rescuer – Re-distributor

Background to the Best Before Project

The Hornbeam and This is Rubbish is working with anti food waste campaigning and redistribution organisation 'Best Before' to deliver their programme 'Best Before, Still Good After'.

The aim is to raise awareness among local food retailers that it is not illegal to sell food that is passed its best before date. The programme would like to encourage and support retailers to sell food passed its Best Before date at a reduced price which will prove that it does not need to be wasted and also educate the customers.

The programme aspires that shops will take this up and be willing to be promoted as doing a positive environmental and social action, instead of been seen negatively for stocking 'out of date' food.

If a shop isn't yet willing to sell this food it can donate to this project so we can cook it at a People's Kitchen or redistribute it to another charitable organisation or direct to individuals through a 'Pay-what-you-feel' stall. This is where we need your help!

Purpose of this volunteer role:

We are forming a team of volunteers who are self-motivated and looking for a flexible opportunity to help reduce local food waste. They will;

- be inducted into the programme and given a briefing pack.
- liaise with shops which want to donate food past its Best Before date to arrange a time to collect it, hopefully making a regular arrangement.
- liaise with organisations, community kitchens and food banks which willingly accept surplus food. Volunteers will be provided with a list of local organisations which will need to be kept up to date with their needs when contact is made.
- Collect and deliver food at the arranged time;
 - by public transport, bicycle or personal vehicle
 - there could be opportunity to borrow a bike trailer at specific times if required
 - if the project grows there will be opportunity to support the FRP driver in making big collections and deliveries.

There are now many apps designed to help individuals and businesses re-distribute food. This project welcomes volunteers to work with shops to use these apps, for example promoting the reduced price of their 'Best Before' food or letting people know if there will be free fresh produce at the end of the day.

Re-distribution volunteers can also work closely with campaigning volunteers to support shops to sell food past its Best Before date at a reduced cost.

The Hornbeam People's Kitchen will also welcome volunteers to help with their monthly 'pay-what-you-feel' cooked from food that would have been wasted.

Why Volunteer

In this role you are able to do as much volunteering as suits and know that ever little really does help. It might be one monthly pick up from your local shop that makes the difference for a food bank.

You will be part of a supportive and enthusiastic group and be making new contacts around your local area.

You will be linked with another volunteer if you wish to visit the shops with someone.

There will be opportunities to take part in local events to promote the Best Before project.

Other benefits can include:

- Record of the work done / References
- Gaining valuable, transferable skills
- Opportunity to make a difference in your local community!

Travel Expenses

Volunteers will be able to claim the expenses of their journeys with a TfL journey history print out. If a personal car or van is used, in agreement with the Best Before coordinator, expenses of 45p a mile can be claimed. This is in accordance with HMRC guidelines.

Time Frame

Hours/ Days – Flexible, at times which suits the volunteer, shops donating and places receiving the food.

- Representing the project at one off events.

Start date – August/ September 2016

End date – Ongoing

Location of Task:

From home, across Waltham Forest and occasional event sites.

Contact details:

Poppy Flint on poppy@thisisrubbish.org.uk