



Volunteer Role Description

Waltham Forest Food Rescuer – Pay-What-You-Feel stall assistant

Background to the Best Before Project

The Hornbeam and This is Rubbish is working with anti food waste campaigning and redistribution organisation 'Best Before' to deliver their programme 'Best Before, Still Good After'.

The aim is to raise awareness among local food retailers that it is not illegal to sell food that is passed its best before date. The programme would like to encourage and support retailers to sell food passed its Best Before date at a reduced price which will prove that it does not need to be wasted and also educate the customers.

The programme aspires that shops will take this up and be willing to be promoted as doing a positive environmental and social action, instead of being seen negatively for stocking 'out of date' food.

If a shop isn't yet willing to sell this food it can donate to this project so we can cook it at a People's Kitchen or redistribute it to another charitable organisation or direct to individuals through a 'Pay-what-you-feel' stall.

Purpose of this volunteer role:

We are forming a team of volunteers who are passionate about helping to reduce local food waste. They will;

- be inducted into the programme and given a briefing pack.
- help set up the 'pay-what-you-feel' stall with food past its Best Before date and keep it stocked
- talk to members of the public who stop at the stall about food labelling and explain that food can legally be sold past its Best Before Date.
- explain to people where the food came from and that they can take it for free or 'pay-what-they-feel'.
- hand out campaign leaflets and encourage people to talk to their local shop or even become a volunteer.

If you can just lend an hour every now and again helping with deliveries of food to the stalls might be the perfect role for you.

We will happily support volunteers who would like to set up their own regular 'pay-what-you-feel' stall or have suggestions of where a stall could be held.

It could be once a week or once a term so please do get in touch with ideas.

The Hornbeam People's Kitchen will also welcome volunteers to help with their monthly 'pay-what-you-feel' cooked from food that would have been wasted.

Current locations of Pay-What-You-Feel Best Before Stalls:

- Outside the Hornbeam Café, Hoe St. – every Monday and potentially more days
- Friday Hill Tenants Management Organisation office, Chingford Hatch – 2:30 – 5:30 every Tuesday.
- Leytonstone High St, outside Matalan – First Saturday of the month
- Leytonstone Food Assembly, Wild Goose Cafe – one Thursday a month

Why Volunteer

In this role you are able to do as much volunteering as suits and know that ever little really does help. It might be one monthly pick up from your local shop that makes the difference for a food bank.

You will be part of a supportive and enthusiastic group and be making new contacts around your local area.

You will be linked with another volunteer if you wish to visit the shops with someone.

There will be opportunities to take part in local events to promote the Best Before project.

Other benefits can include:

- Record of the work done / References
- Gaining valuable, transferable skills
- Opportunity to make a difference in your local community!

Travel Expenses

Volunteers will be able to claim the expenses of their journeys with a TfL journey history print out. If a personal car or van is used, in agreement with the Best Before coordinator, expenses of 45p a mile can be claimed. This is in accordance with HMRC guidelines.

Time Frame

Hours/ Days – Flexible, at times which suits the volunteer, shops donating and places receiving the food.

- Representing the project at one off events.

Start date – August/ September 2016

End date – Ongoing

Contact details:

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